



FY 2018 ANNUAL REPORT

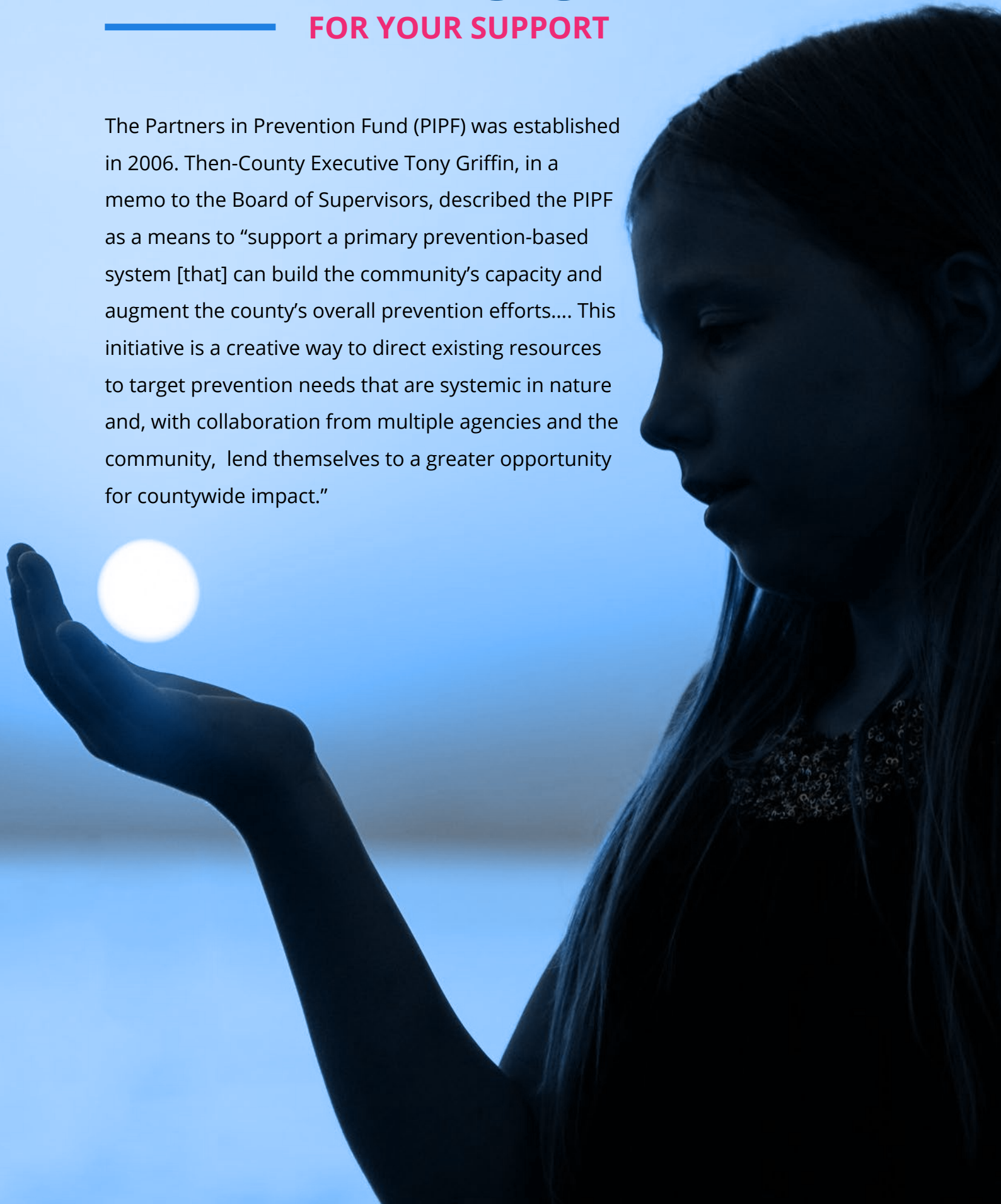
IMPROVING OUTCOMES FOR ALL OF FAIRFAX COUNTY'S CHILDREN AND YOUTH

WE WANT TO

THANK YOU

FOR YOUR SUPPORT

The Partners in Prevention Fund (PIPF) was established in 2006. Then-County Executive Tony Griffin, in a memo to the Board of Supervisors, described the PIPF as a means to “support a primary prevention-based system [that] can build the community’s capacity and augment the county’s overall prevention efforts.... This initiative is a creative way to direct existing resources to target prevention needs that are systemic in nature and, with collaboration from multiple agencies and the community, lend themselves to a greater opportunity for countywide impact.”



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WE BUILD THE

COMMUNITY'S

CAPACITY

THROUGHOUT ITS HISTORY, THE PIPF HAS PRIMARILY FUNDED GRANTS TO COMMUNITY-BASED ORGANIZATIONS TO IMPLEMENT EVIDENCE-BASED PREVENTION PROGRAMS. BUT IN RECENT YEARS, THE FUND'S EMPHASIS ON CAPACITY BUILDING - THROUGH THE GRANT PROGRAM AND OTHER MECHANISMS - HAS INCREASED. THE PIPF IS NOW A KEY FUNDING SOURCE FOR SYSTEMS CHANGE, NETWORKING, AND PROFESSIONAL DEVELOPMENT OPPORTUNITIES.

The PIPF is funded annually through Carryover appropriations from the county's health and human services agencies. The use of funds is managed by the Department of Neighborhood and Community Service Prevention Unit, with guidance from the PIPF Advisory Team, which includes representatives of the funding agencies.

The categories and initiatives were identified by the Advisory Team and staff as those with the greatest potential impact, providing the best opportunity to move the system forward. In all cases, investments leverage existing funds or resources in order to increase reach or expand capacity.

PIPF FUNDS INITIATIVES IN THREE GENERAL CATEGORIES:



COMMUNITY CAPACITY BUILDING

Funding provides training, technical assistance, capacity building, and payment to community-based organizations and child care providers to implement effective prevention programs in their communities.



STRATEGIC INITIATIVES

Funding supports cross-system and interdisciplinary efforts to improve services and outcomes for children, youth, and families across the county.



SYSTEM CAPACITY BUILDING

Funding provides county health and human services agencies one-time opportunities to train staff and pilot new approaches and programs to determine their effectiveness and feasibility, without having to divert existing agency funds.

OUR OBJECTIVES

While the broad goal of the PIPF is to build the system's capacity, the reason for building capacity is to improve outcomes for all of Fairfax County's children and youth. In 2015, the Successful Children and Youth Policy Team identified eight key outcomes for all children and youth in Fairfax County:



**CHILDREN GET A
HEALTHY START
IN LIFE**



**CHILDREN ENTER
KINDERGARTEN
READY TO SUCCEED**



**CHILDREN AND
YOUTH SUCCEED
ACADEMICALLY**



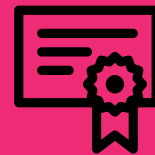
**CHILDREN AND
YOUTH ARE
HEALTHY**

Children and youth
are physically healthy

Children and
Youth are socially,
emotionally, and
behaviorally healthy
and resilient



**CHILDREN AND
YOUTH ARE SAFE AND
FREE FROM VIOLENCE
AND INJURY**



**YOUTH EARN A
POST-SECONDARY
DEGREE OR CAREER
CREDENTIAL**

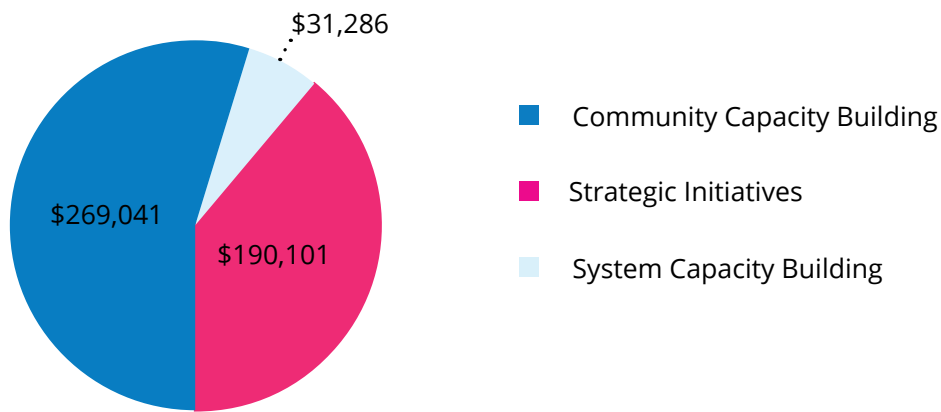


**YOUTH ENTER
THE WORKFORCE
READY TO
SUCCEED**



**YOUTH CONTRIBUTE
TO THE BETTERMENT
OF THEIR
COMMUNITY**

About \$500,000 was invested through the PIPF in FY 2018, helping to reach children and youth, strengthen systems and collaborative approaches, and implement innovative ideas that will prove to be considered key services in the near future. This report highlights many of these successes, and which of the community outcomes they address.



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COMMUNITY CAPACITY BUILDING CAPACITY BUILDING GRANT PROGRAM

CAPACITY BUILDING GRANT PROGRAM (CBGP)



The CBGP, PIPF's cornerstone program, is intended to increase the capacity of community-based organizations to implement prevention programs that align with countywide prevention priorities and strategies. While a side benefit of the CBGP is that more youth and families are served, the program's primary goal is capacity-building. Community-based organizations are provided grants (contracts) to implement evidence-based programs and receive training and technical assistance. At the end of the grant period, grantees are expected to have the capacity to implement prevention programs in an effective and efficient manner.

FY 2018 was the first full year of programming in the current grant cycle. Grantees implemented a record **63 programs**, serving nearly **1,100 youth and parents**.

CPGP PROGRAMS



Programs were primarily implemented in communities previously identified as higher need, such as Herndon, Baileys/Culmore, Central Springfield, and the Route 1 Corridor (see map on page 11). Many of the grantees worked directly with existing initiatives, such as Opportunity Neighborhoods and Healthy Minds Fairfax, to target their services to populations in need.

Statistically significant improvements among participants, based on pre- and post-program questionnaires, validated the importance of the programs and the grantees' ability to effectively implement the programs in a culturally and linguistically diverse community.

While the PIPF funds training, direct service staff time, and materials, grantees provide much of what it takes to run these programs in-kind.

A third-party evaluation reported that "Overall, programs produced positive results, with program staff and participants (parents and youth) reporting positive experiences and behavioral changes."

It is estimated that the PIPF leveraged over **\$267,000 in services** and materials provided by grantees to implement CBGP programming in FY 2018.

IMPACT

“I liked attending the program with my daughter. I rarely spend time with her due to work, but enjoyed being in the class with her and even the car rides to and from the classes. My daughter also liked the program as she was learning more about me and felt she could share more about herself with me. The family sessions were my favorite! It gave me an opportunity to practice what I learned in the parent session.”

“I found the classes to be very helpful with identifying behaviors that parents like me face with their middle school child. I learned more effective ways to problem solve with my daughter rather than the ways I was currently using. Coming to the class with my wife was very helpful as now we are on the same page when interacting with our daughter and making decisions/problem-solving.”

Quotes from participants in SCAN's Strengthening Families programs

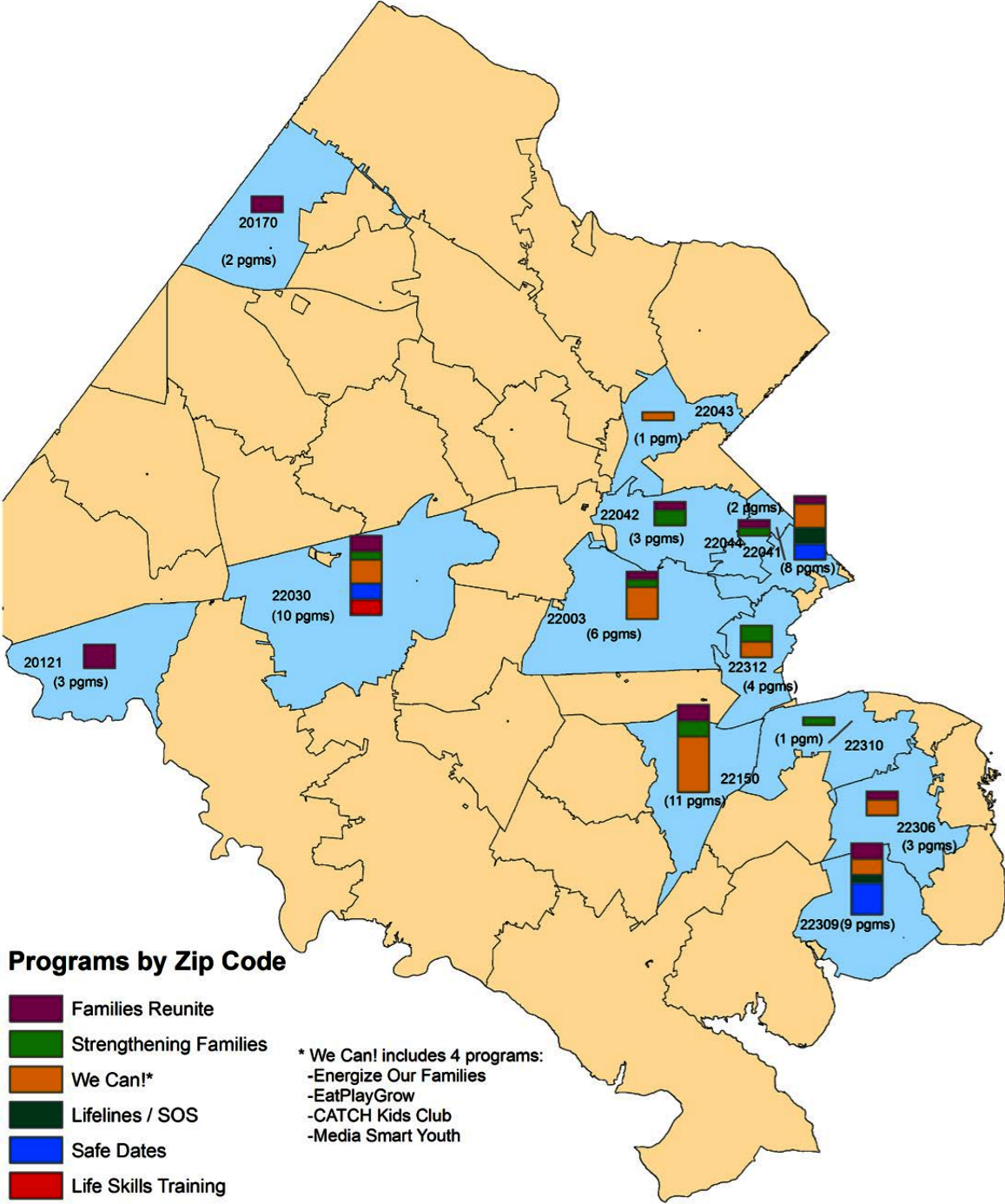
CBGP grantees also develop and implement annual capacity building plans. In the past year, grantees successfully implemented a number of strategies, developed in consultation with Neighborhood and Community Services staff to meet each organization's unique needs. Strategies ranged from convening family-led organizations to better support children's behavioral health initiatives, to learning about local (neighborhood-level) data and how it can inform programming, to improving external communications efforts. This increased capacity among community organizations, when combined with the growth in programming through the PIPF and newly established linkages with other existing countywide initiatives, will increase their impact immediately and in the future.

CPGP GRANTEES

Capital Youth Empowerment Program
Centreville Immigration Forum
Community Preservation and Development Corporation
Cornerstones
Destiny Temple of Faith
Edu-Futuro
FACETS
Family Services Network
Formed Families Forward
First Baptist Church of Springfield
Grace Community Center
HACAN
SCAN
Second Story
United Community Ministries
Wesley Housing Development Corporation

See which programs each grantee offers at <http://bit.ly/FFXPIPF>

CAPACITY BUILDING GRANTEES IMPLEMENTED OVER 60 PROGRAMS ACROSS FAIRFAX COUNTY, MANY TARGETED TO AREAS OF HIGH NEED.

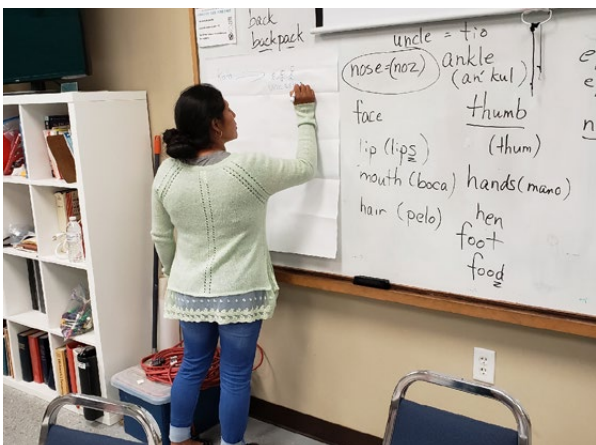


Capacity Building Grant Program: FY 2018 By the Numbers

PROGRAM	TIMES IMPLEMENTED	NUMBER SERVED	OUTCOMES
FAMILIES REUNITE*	16	257	<ul style="list-style-type: none"> • Parental knowledge and attitudes that support healthy reunification*
LIFE SKILLS TRAINING*	2	11	<ul style="list-style-type: none"> • Knowledge about the impacts of risky behavior • Knowledge of refusal skills and other life skills
LIFELINES	0	0	<ul style="list-style-type: none"> • Knowledge about mental health and suicide, including warning signs • Willingness to act if a friend is in crisis
SAFE DATES	8	84	<ul style="list-style-type: none"> • Attitudes that support prevention of dating abuse • Knowledge about dating abuse and its consequences
SIGNS OF SUICIDE	3	42	<ul style="list-style-type: none"> • Knowledge about mental health and suicide, including warning signs • Willingness to act if a friend is in crisis
STRENGTHENING FAMILIES**	10	329	<ul style="list-style-type: none"> • Awareness of healthy parenting strategies
WE CAN! CATCH KIDS CLUB*	11	169	<ul style="list-style-type: none"> • Healthy eating behaviors • Knowledge about healthy eating and physical activity
EATPLAY-GROW**	8	124	<ul style="list-style-type: none"> • Awareness of healthy eating • Ways to be physically active
ENERGIZE OUR FAMILIES	1	15	<ul style="list-style-type: none"> • Parenting behaviors that support healthy eating and physical activity • Parental attitudes that support healthy eating and physical activity • Parental knowledge about healthy eating and physical activity
MEDIA SMART YOUTH*	4	54	<ul style="list-style-type: none"> • Knowledge about healthy eating and physical activity • Attitudes that support healthy eating and physical activity • Media literacy

* Participants in these programs demonstrated significantly improved outcomes based on pre-test and post-test questionnaires.

** Qualitative evaluations of these programs indicated participants achieved intended outcomes.



STRATEGIC INITIATIVES

"I CONTINUE TO FIND SCYPT TO BE VERY PROFESSIONALLY REWARDING. MEMBERS ARE VERY PASSIONATE AND DEDICATED ABOUT OUR MISSION. THE STAFF IS EXTREMELY HELPFUL AND USEFUL. THE OPPORTUNITY TO COLLABORATE ACROSS BOUNDARIES IS INVALUABLE."

Testimony from a SCYPT member

OPERATION MEDICINE CABINET CLEANOUT



Over 500 pounds of medicines were collected at the West Springfield Station.

The PIPF supported the October countywide prescription drug take-back day by printing promotional posters and other materials. The events are a partnership of Fairfax County Police, the Community Services Board, local pharmacies, the US Drug Enforcement Administration, and others. A total of 2,623 pounds of medications were disposed in Fairfax over the two take-back days, preventing potentially dangerous drugs from reaching those who could accidentally or purposely abuse them. Prescription drug take-back is a key strategy in the Fairfax County Opioid Task Force action plan.

SUICIDE PREVENTION PUBLIC SERVICE ANNOUNCEMENTS



Now playing in movie theaters, on cable TV, and over the Internet throughout Fairfax County are [three PSAs](#) developed by the Health Department in collaboration with PRS CrisisLink, the Community Services Board, and numerous youth and young adults. The development and placement of the spots, which encourage parents and youth to reach out for help when a young person is in mental distress, were supported in part by the PIPF. In FY 2018, PRS CrisisLink answered 5,597 calls, a 14% increase over the prior year. Of these calls, 196 were from youth under 18, and 298 were from individuals 18 to 24; this represented a 42% increase in calls from these age groups. The PRS CrisisText Connect program engaged in 1,815 text conversations with 1,582 unique individuals, a 41% increase over last year. The PSAs are one part of a multi-faceted outreach strategy to promote use of CrisisLink's services, led by Fairfax County, Fairfax County Public Schools, and their many partners.

INITIATIVES

COLLECTIVE IMPACT APPROACH FOR CHILDREN AND YOUTH



The [Fairfax County Successful Children and Youth Policy Team](#) (SCYPT) works to set community-wide goals and priorities for public policy as it relates to children, youth and families. They serve as a policy team guiding collective impact approaches on issues such as school attendance, racial and social equity, behavioral health, and school readiness. The PIPF has supported the SCYPT and its work by sponsoring facilitation and technical assistance support from the Forum for Youth Investment, a national leader in youth development and working with local leadership to affect change.

The PIPF also supported a recent “Mapping Moving Trains” effort, also facilitated by the Forum for Youth Investment. This initiative inventoried and captured key information on 60 different coalitions and initiatives focused on improving outcomes for children and youth in Fairfax. The results will be used to guide engagement, collaboration, and alignment efforts for the SCYPT and others.

OUT OF SCHOOL TIME NETWORK



The [Fairfax County Out of School Time Network](#) has continued to grow, offering 13 trainings to public, private and non-profit providers of out of school time programs in FY 2018, reaching nearly 300 participants. The Network’s trainings include the Weikart Center’s Youth Work Methods series of trainings, as well as locally developed trainings on project-based learning, trauma-informed practices, and other topics. The Network supports initiatives such as Kids at Hope and Opportunity Neighborhoods by aligning diverse providers with these critical efforts.

TRAUMA-INFORMED COMMUNITY NETWORK



Part of the Partnership for a Healthier Fairfax

Launched in early FY 2016, [the Fairfax County Trauma-Informed Community Network \(TICN\)](#) continues to grow. In FY18, the TICN almost doubled its membership, from 75 to 141 members. The Fairfax TICN has emerged as the most robust trauma network in Northern Virginia, and in partnership with the network of Virginia TICNs, has provided technical assistance to three neighboring jurisdictions as they stand up their own networks.

The PIPF supports the Network’s growing number of activities, which include trainings, technical assistance and resource development, participation in statewide coordination efforts, awareness building, and bi-monthly Community of Practice meetings that allow members to come together to take a deeper dive into topics covered in TICN trainings. They even have a book club! The TICN continues to provide coordination and technical assistance to county agencies and FCPS, which are working to implement principles of trauma-informed care.

TICN’s reach in FY 2018 was astounding. The popular Trauma Awareness 101 Training was

delivered 32 times, to 2,861 participants; online webinar versions of the training were watched 283 times. The TICN hosted screenings and facilitated discussions of the documentary Resilience 39 times, for 1,986 participants. The Trauma-Informed Supervisor, The Cost of Caring, and the Secondary Traumatic Stress and Self-Care Workshop were delivered to 185, 309, and 295 participants, respectively.



Trauma 101 Training at the FCPS Parent Resource Center



The TICN was well represented as the Board of Supervisors proclaimed Fairfax to be a “trauma-informed community.”

SCHOOL ATTENDANCE MESSAGING



The PIPF supported the countywide Absences Add Up campaign to promote school attendance and address chronic absenteeism. One element of the Attendance Action Plan, this campaign is based on a national initiative developed by the Ad Council. Posters and associated messaging materials are being distributed and posted not just by schools, but by county and community partners across Fairfax.

SCHOOL READINESS INITIATIVES



Scan the code below for tips on using this book to support your child's success.



<http://bit.ly/fxfbe03>



Escanea el código a continuación para obtener consejos sobre cómo usar este libro para apoyar el éxito de su hijo/a.



<http://bit.ly/fxfbs03>

Goodnight Moon

The PIPF is supporting the implementation of the [Equitable School Readiness Strategic Plan](#) in several ways. It sponsored training and materials to increase capacity to implement the Ages and Stages Questionnaire in community based settings, which will increase the number of children in child care who are screened for developmental delays and referred to services, if necessary.


The PIPF is also supporting the joint County-FCPS piloting of the Early Development Instrument (EDI). The EDI will combine individual and community level data to give us our first ever comprehensive (i.e., not just cognitive) assessment of school readiness among kindergarten students. Results will help assess the effectiveness of various early care and education settings and target new interventions.

A partnership among the Fairfax County Public Library, the Office for Children, and the Department of Neighborhood and Community Services is expanding the reach of the Mind in the Making initiative to promote executive functioning among young children. With PIPF funding, the Library has placed QR codes in new books aimed at infants through pre-schoolers, each directing parents to resources developed by First Book and Mind in the Making that help parents use the book to teach their children skills such as self-control and critical thinking.

SYSTEM CAPACITY BUILDING

EDUCATION AND PREVENTION

The PIPF supports pilot projects and trainings, each with the goal of enhancing Fairfax County Health and Human Services capacity to improve upon prevention efforts. Below are some of the highlights from FY 2018.



NORTHERN VIRGINIA REGIONAL JUVENILE JUSTICE TRANSFORMATION SYMPOSIUM



On October 23, 2017, the Fairfax County Juvenile and Domestic Relations District Court hosted a regional juvenile justice symposium, sponsored in part by the PIPF. A faculty of national, state, and local public officials and speakers presented and conversed with teams from local jurisdictions consisting of judges, prosecutors, public defenders/defense attorneys, court service members, and law enforcement.

On a scale of 1 to 10, participants came away from the symposium with an average of 9.02 rating demonstrating their commitment to move juvenile justice transformation efforts forward in their community.

“TOGETHER, WE CAN CREATE A FAIR AND EFFECTIVE JUVENILE JUSTICE SYSTEM THAT ENHANCES PUBLIC SAFETY, GIVES A GOOD RETURN ON PUBLIC INVESTMENTS, AND REFLECTS OUR SOCIETY’S DEEP BELIEF IN REDEMPTIVE POSSIBILITIES FOR YOUNG PEOPLE WHO HAVE MADE MISTAKES.... IN-DEED, [SYMPOSIUM PARTICIPANTS HAVE] COMMITTED TO INTENTIONALLY MOVING JUVENILE JUSTICE FORWARD.”

Chief Judge Thomas Sotelo

BUILDING BLOCKS TRAINING



Building Blocks: How to Plan, Implement, and Evaluate Health Promotion Programs for Children and Adolescents is a nine-session professional development series, sponsored by the PIPF and delivered by the Health Department and the Virginia Tech Department of Population Health Sciences. Health Department public health nurses and Neighborhood and Community Services staff attended workshops that covered a range of health promotion program topics, including program planning, program design, intervention strategies and program evaluation. Post-test evaluations showed significant improvement among participants in knowledge and skills related to health behavior theory, epidemiology, needs assessments, community engagement, marketing and sustainability, program design, and program evaluation. Several of the workshops were taped, and all materials were saved to enable additional trainings.

STORY RIDERS



Twenty-three participants, in fourth through eighth grade, participated in the Story Riders program at the Willston Multicultural Center, funded by the PIPF. The program teaches participants bicycle riding, safety, and maintenance skills, and includes a component through which participants write about their experiences, publishing a book at the end of the program. Participants experienced significant improvement in bike knowledge and safety skills. They demonstrated increases in literacy. And 83% reported feeling healthy and energetic, compared to 17% prior to the program. External funding has since been obtained to continue the program and expand it to other centers.



PHOTO CREDITS:

Fairfax County Department of Neighborhood and Community Services and Fairfax County Geographic Information Systems (CBGP map).

Fairfax County Police Department (Operation Medicine Cabinet Cleanout).

Fairfax County Health Department, via YouTube (suicide prevention PSA).

Fairfax County Department of Neighborhood and Community Services (TICN training).

Fairfax County Office of Public Affairs (trauma proclamation).

Fairfax County Juvenile and Domestic Relations District Court (Juvenile Justice Symposium).

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Fairfax County Department
of Neighborhood and
Community Services

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@ffxyouththrive

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