



Fairfax County

Neighborhood & Community Services

www.fairfaxcounty.gov/neighborhood-community-services

Bailey's Senior Center

Address: 5920 Summers Lane
Falls Church, VA 22041

Hours: Monday – Friday, 8 a.m. to 4 p.m.

Phone: 703-820-2131, TTY 711

March, April & May 2024

PROGRAMS / ACTIVITIES

Title	When	Time	Description
Fitness Room	Monday - Friday	9 a.m.	Utilize free weights or stationary machines.
SAIL	Wednesdays & Fridays	10:15 p.m.	Utilize free weights or stationary machines.
Gardening	Monday - Friday	9:30 – 10 a.m.	Picking produce and taking care of garden.
Brain Fitness	Mondays	11:30 a.m.	Join us to work your mental muscles with trivia, puzzles.
Knitting/ Crochet	Mondays	12:30 p.m.	Using knitting needles/ crochet needles to make beautiful scarfs, hats etc.

Table Games	Every Wednesday	12:30 – 2 p.m.	Gather together to play table games in an organized fashion.
Jewelry Making	2 nd & 4 th Fridays	12:30 p.m.	Using different tools to make beautiful bead jewels.

CLASSES

Title	When	Time	Description
Healthy Snacks & Nutrition Class	2 nd and 4 th Fridays	Noon	Learn and make health choices by making healthy snacks to eat.
Arts & Crafts	Every Wednesdays	11:30 a.m.	Arts and Craft class where participants get to discover and showcase their artistic abilities
Tech Time	Wednesdays	By appointment	Bring your questions and your devices. Get the most out of your mobile device with help using your cell phone, tablet or laptop.

SPECIAL EVENTS/TRIPS

Title	When	Time	Description
Charter Trip: Cedar Park (\$)	Monday, March 4	10 a.m. – 1 p.m.	Come and join us on this trip
Necessity Trip: Walmart Supercenter (\$)	Thursday, March 7	10 a.m. – Noon	Necessity Trip for food and shopping
Nail-Spa Day	Tuesday, March 12	10 a.m.	Join with us to make your nails happy
Necessity Trip: Costco (\$)	Thursday, March 14	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Tyson Station (\$)	Monday, March 18	10 a.m. – 1 p.m.	Come and join us on this trip
Necessity Trip: Five-Below (\$)	Thursday, March 21	10 a.m. – Noon	Necessity Trip for food and shopping
Donut Tuesday	Tuesday, March 26	10 a.m.	Join with us to eat donut and coffee
Necessity Trip: Harris Teeter (\$)	Thursday, March 28	10 a.m. – Noon	Necessity Trip for food and shopping
Birthday Celebration	Friday, March 29	Noon	Celebrate the birthdays in March
Charter Trip: Golden Corral (\$)	Monday, April 1	10 a.m. – 1 p.m.	Come and join us on this trip
Necessity Trip: Walmart (\$)	Thursday, April 4	10 a.m. – Noon	Necessity Trip for food and shopping
Nail-Spa Day	Tuesday, April 9	10 a.m.	Join with us to make your nails happy
Necessity Trip: Costco (\$)	Thursday, April 11	10 a.m. – Noon	Necessity Trip for food and shopping
Necessity Trip: Safeway (\$)	Thursday, April 18	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: Air & Space Museum (\$)	Monday, April 22	10 a.m. – 1 p.m.	Come and join us on this trip

Donut Tuesday	Tuesday, April 23	10 a.m.	Join with us to eat donut and coffee
Birthday Celebration	Wednesday, April 24	Noon	Celebrate the birthdays in April
Necessity Trip: Dollar Tree (\$)	Thursday, April 25	10 a.m. – 1 p.m.	Necessity Trip for food and shopping
Necessity Trip: Walmart (\$)	Thursday, May 2	9:30 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: National Harbor (\$)	Monday, May 6	10 a.m. – 1 p.m.	Come and join us on this trip
Necessity Trip: Costco (\$)	Monday, May 9	10 a.m. – Noon	Necessity Trip for food and shopping
Nail-Spa Day	Tuesday, May 14	10 a.m.	Join with us to make your nails happy
Necessity Trip: Five-Below (\$)	Thursday, May 16	10 a.m. – Noon	Necessity Trip for food and shopping
Charter Trip: National Museum of the Marine Corp (\$)	Monday, May 20	10 a.m. – 1 p.m.	Come and join us on this trip
Necessity Trip: Shopper (\$)	Thursday, May 23	10 a.m. – Noon	Necessity Trip for food and shopping
Donut Tuesday	Tuesday, May 28	10 a.m.	Join with us to eat donut and coffee
Birthday Celebrations	Wednesday, May 29	Noon	Celebrate the birthdays in May