

SUPPORTING INDIVIDUALS & FAMILIES



Trauma-Informed
Community Network

Part of the Partnership for a Healthier Fairfax

For more information visit
the TICN website
<http://bit.ly/fairfaxTICN>

Trauma-Informed Approaches for Service Providers

VALUES

We believe that all humans have intrinsic value

ATTITUDES

Our beliefs about change influence how we treat people

KNOWLEDGE

We understand how trauma impacts development, behavior and functioning

ACTIONS

We engage in authentic partnerships with clients and their families

BEHAVIORS

We offer choices, set appropriate boundaries, and create safe environments

VALUES

TRAUMA IS COMMON IN THE CLIENTS WE SERVE.

ATTITUDES

Everyone's experience is unique. Clients and their families are the experts in their own lives, and we are patient, hopeful, warm and genuine as we learn about those experiences.

We develop individualized service plans that rely on providers who are providing quality evidence-based interventions that are a good fit for individual needs and preferences.

KNOWLEDGE

We recognize trauma reactions when we see them. We understand how brains and bodies respond to trauma, and we rely on regular supervision and ongoing education and consultation with others who are trauma-informed to apply this knowledge to our work.

BEHAVIOR

We are transparent, non-judgemental, and practice cultural humility. We are a calm, consistent and reliable participant in relationship with our clients. We are respectful and responsive, and can be trusted to maintain confidentiality.

We understand what works to help folks manage trauma responses, and we have strong partnerships with providers who offer those services

We address our own biases with clients when necessary, and consider cultural preferences in all of our interactions.

ACTIONS

We value partnerships with clients, with their families, and with our professional partners. We build on strengths, offer choices, and include all voices in decision making.

CLIENTS AND THEIR FAMILIES FEEL SAFE AND RESPECTED IN THEIR RELATIONSHIP WITH US, AND ARE EMPOWERED TO ACHIEVE THEIR GOALS WITH CONNECTION TO APPROPRIATE SUPPORTS AND SERVICES.

WHAT DOES THIS LOOK LIKE IN YOUR WORK?

Responsive
Open
Calm
Accountable
Transparent
Knowledgeable
Genuine
Self-Aware
Collaborative
Patient
Hopeful
Safe
Present

SERVICE PLAN CHECKLIST



Collaborative
Client and family recognized as experts. Partners included.



Outcome Focused Clear, realistic goals that reflect client choice and preferences.



Individualized Customized with the right mix of supports and services for each client.



Realistic Considers role and partner limitations, as well as time constraints.



Appropriate Connects clients to effective services that are a good fit and match for their level of need.