



# Older Adults Committee

June 15, 2021  
1:30 – 3:00 PM

FAIRFAX COUNTY BOARD OF SUPERVISORS

**OLDER ADULTS COMMITTEE MEETING**

Tuesday, June 15, 2021

1:30 – 3:00

Government Center Board Auditorium

**AGENDA**

1. Introduction by Supervisor Herrity, Chair of the Older Adults Committee (15 minutes)
2. Presentation (20 minutes)
  - a. Topic: COVID-19 Response Plan for Older Adults Initiatives Update
  - b. Presenter: Tara Turner, Director, Fairfax Area Agency on Aging, Department of Family Services (DFS)
  - c. Item Type: Update
  - d. Presentation Materials: PowerPoint
3. New Business (30 minutes)
  - a. Relaunch of Planning Process for the SHAPE the Future of Aging Plan
  - b. Presenter: Tara Turner, Director, Fairfax Area Agency on Aging, DFS
  - c. Item Type: Recommendation Item
  - d. Presentation Materials: PowerPoint
4. Adjournment

# SHAPE the Future of Aging Plan Recap

## Initial Timeline 2019/21



Community Assessment for Older Adults (CASOA) Survey Launched

SHAPE Concept and Timeline Approved

SHAPE Planning Paused (COVID-19)

COVID-19 Response Plan for Older Adults Initiatives Update

Baseline Data Collected

COVID-19 Response Plan for Older Adults Launched

SHAPE Timeline Revised and Relunched

# COVID-19 Response Plan for Older Adults



## 3 Categories of Critical Need



- Social Isolation



- Technology

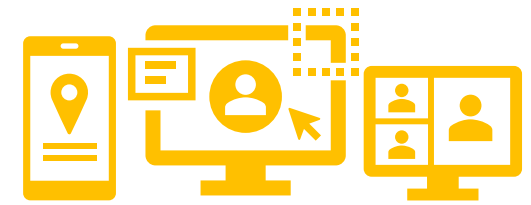


- Wellness



# Social Isolation Initiatives

- Channel 16 Public Service Announcement
- Virtual social visiting and card delivery
- Think Tank Challenge to reach those with no or low-technology
- Channel 16 holiday cooking segments
- Animatronic pet proposal in development



# Technology Initiatives

- GrandInvolve virtual volunteers in FCPS Title 1 elementary schools
- Service Source Foundation Technology Grant Program
- 50+ Community Ambassadors and Villages resource sharing
- Virtual Center for Active Adults technology training
- Federal Communications Commission Emergency Broadband Benefit program



# Wellness Initiatives

- Older adult information on County's COVID-19 website
- County Epidemiologist at forums for older adults and people with disabilities
- Staff and volunteer delivery of Meals on Wheels
- Alzheimer's Association Healthy Living for Brain and Body classes
- Community Services Board Mental Health First Aid for Older Adults classes scheduled
- Self-guided individual wellness reflection on County's Older Adult website
- Caregiver Unit designated to address caregiver needs

# SHAPE

the Future of Aging

**S**ervices for  
**O**lder Adults &  
**F**amily  
**C**aregivers  
(caregiver support,  
dementia friendly,  
resources)

**H**ousing &  
**N**eighborhood  
**S**upports  
(affordable housing,  
home modifications,  
home maintenance,  
Villages,  
livable  
communities)

**A**ccess to  
**M**obility Options  
(transportation,  
mobility support,  
walkability)

**P**ersonal  
**W**ell-Being  
(community  
engagement,  
isolation public &  
mental health,  
nutrition)

**E**conomic  
**S**tability and  
**P**lanning  
(financial  
stability,  
exploitation,  
employment,  
end of life,  
business  
partnerships)



# Community Assessment for Older Adults Survey (CASOA) 2019

- Administered by National Research Center, Inc.
- Collaborative effort across multiple agencies
- 4,777 completed surveys (22% response rate)
- Outreach efforts – ICMA recognition



# SHAPE the Future of Aging Plan Timeline



Target Timeline July 2021 – May 2023

Phase 1: Community Assessment for Older Adults



**Pre-Survey Planning**

**CASOA Survey Administered**

**SHAPE the Future of Aging Marketing Launch**

**CASOA analysis**

**Older Adults Committee**

Vendor Collaboration

Post-COVID-19 Baseline Data Collected

Older Americans Month Proclamation

OSM/DFS Data Analytics Collaboration

CASOA results presented

Commission on Aging and Cross Agency Input

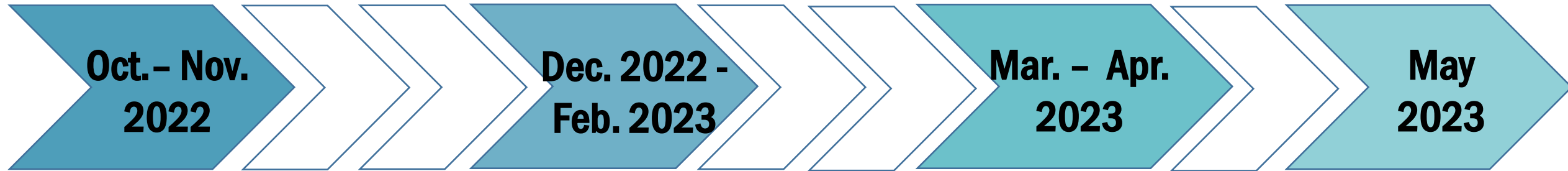
Communications Plan

# SHAPE the Future of Aging Plan Timeline



Target Timeline 2022/23

Phase 2: Community Input



**BOS and  
Commission on  
Aging Host  
Community  
Input Groups**

**SHAPE Plan Draft**

**BOS Older  
Adults  
Committee  
Reviews  
Draft  
SHAPE Plan**

**BOS  
Approves  
SHAPE Plan**  
  
Older  
Americans  
Month  
proclamation

QUESTIONS?